



115 Printable Positive Affirmations for Kids

1. My parents love me more than anything.
2. I have true friends.
3. I have a roof over my head and fresh water to drink.
4. Nobody in the world is exactly like me. I am a snowflake.
5. I won't just dream big, I will act big.
6. I am an eagle, soaring as high as I want to go.
7. There are no hurdles to success if you refuse to jump over them.
8. If I believe nothing is impossible, then I will realize that everything is possible.
9. There is no sense in worrying until there is actually something to worry about.
10. Most of our worries never come to be, yet they all come to pass.
11. Time heals everything.
12. Embrace your anxieties, acknowledge them... then let them go.
13. Breathe deep and picture a perfect moment.
14. I'm alive!
15. At this moment, all is well in my world.
16. I'm grateful for the love and kindness of others.
17. I will get back what I put out there.
18. I have many talents.
19. I am smart in my own way.
20. Intelligence isn't only measured in academics, it's measured in how we perceive things.
21. Some things will come easy for me, some will be hard. The ones that are difficult are the ones that build character.
22. I will never give up.
23. "There is no try, only do" - Yoda
24. My siblings are my best friends.
25. Nobody should ever make me feel insecure.
26. I will only surround myself with people who build me up, not tear me down.
27. I am special.
28. Today is a gift.
29. Failure is not an option.
30. Setbacks make us stronger.
31. I am creative.
32. I am brave.
33. My voice matters.
34. My feelings matter.
35. I have big ideas!
36. When things are going badly, they can only get better.
37. I'm a student of life.
38. I have faith.
39. God is good, all the time. All the time, God is good.
40. I am happy.
41. I am appreciative of everything my family does for me.
42. I am thankful for my teachers.
43. I love to run and jump and play.
44. I am writing my own story.
45. Fear will never defeat me if I don't let it in.
46. There's nothing standing in my way.
47. Today is going to be a great day!
48. I'm proud of myself.
49. I'm beautiful inside and out.
50. When I grow up, I'm going to be great at whatever I do.
51. My happiness is more important than anything else.
52. I love my bedroom.
53. I love my clothes.
54. I am lucky to have so many toys and games.
55. I am the main character in my favorite movie.
56. Imagine the place where I feel safest and hold onto that when I'm scared.
57. Nobody can hurt me unless I let them.
58. I am worthy.
59. I am confident.
60. I am healthy.
61. I show kindness to others, even if they hurt me.
62. You never know what someone else is going through.
63. Bullies are sad inside and lack self-esteem.
64. Mean people can only hurt me if I allow their attacks to bother me.
65. Everyone deserves forgiveness.
66. Sometimes, it's ok to walk away.
67. Baby steps are giant leaps in disguise.
68. I am the best version of myself.
69. I am a good friend.
70. I am a good son/daughter.
71. I am a good person.
72. I love my laugh.
73. It's ok to cry.
74. It is ok to let myself feel sadness, but I will never let it take away my happiness.
75. I have a purpose.
76. I can breathe the fresh air.
77. Nature is beautiful.
78. If I don't open my eyes to what is going on around me, I may miss something wonderful.
79. All lives are valuable.
80. I am not better than anybody else, but I am not less than them either.
81. I am a superhero in my own way.
82. I have powers inside me that nobody can see unless I let them.
83. I am mighty!
84. The smallest act of kindness can have the biggest impact.
85. Smiling is contagious.
86. Things may be tough, but so am I.
87. I've got this.
88. I am worthy of someone's time.
89. I won't be ignored.
90. I choose to lead, not follow.
91. I will never turn my back on those in need.
92. I will never be mean to others.
93. I am a fighter.
94. I am going to have an amazing life!
95. I am not alone in this world.
96. This planet is worth saving.
97. This life is only one part of my story.
98. I will listen to my feelings.
99. I will quiet my mind and not let negativity in.
100. I am a work of art that isn't finished.
101. I am a photograph that needs developing.
102. I will stop to appreciate something beautiful today.
103. I will give everything I have, every day.
104. I will never go to bed angry.
105. I will share my feelings with my friends and family.
106. I must bloom and shed my insecurities like a flower sheds its petals.
107. I have magic inside me.
108. I am content.
109. I will see the glass as half full.
110. I won't be defeated by my own negative thoughts.
111. I will pick myself up and never stay down.
112. Education is power.
113. I will learn from my mistakes and become better.
114. I am a cake that is not done cooking yet.
115. I will not look back, only forward.