## PERSONAL DEVELOPMENT PLAN

(Daily Self Improvement)

Year:		

Practices That Make You Better Every Day	Daily Goals	Monthly Goals	Year-End Goals
<b>→</b>			
<b>→</b>			
<b>→</b>			
Practices for the Body	Daily Goals	Monthly Goals	Year-End Goals
<b>→</b>			
<b>→</b>			
<b>→</b>			
Practices for the Soul	Daily Goals	Monthly Goals	Year-End Goals
<b>→</b>			
<b>→</b>			
<b>→</b>			