

# HOW TO FIND YOUR WHY

## A SIMPLE CHECKLIST

- 1. IDENTIFY THE THINGS YOU CAN DO TO MAKE OTHER PEOPLE'S LIVES BETTER.**  
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- 2. THINK BACK TO THE ACTIVITIES YOU DID THAT MADE YOU FORGET ABOUT THE PASSAGE OF TIME.**  
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- 3. RECALL WHAT YOU LIKED TO DO WHEN YOU WERE A KID.**  
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- 4. THINK ABOUT THE THINGS THAT YOU ARE WILLING TO DO EVEN IF YOU LOOK LIKE A FOOL.**  
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- 5. OBSERVE WHAT PEOPLE ASK OF YOU WHEN THEY COME TO YOU FOR HELP.**  
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- 6. IMAGINE WHAT YOU WOULD BE DOING IF YOU LEARNED THAT YOU ONLY HAD A YEAR LEFT TO LIVE.**  
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- 7. ENUMERATE THE THINGS FOR WHICH YOU WOULD BE WILLING TO GO THE EXTRA MILE.**  
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- 8. IF YOU WERE GIVEN THE CHANCE TO TEACH OTHERS (E.G., YOUNG PEOPLE), WHAT WOULD YOU TEACH THEM?**  
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- 9. WHAT TASK AT WORK WOULD YOU DO FOR FREE IF YOU DIDN'T NEED THE PAYCHECK?**  
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- 10. WHAT'S USUALLY THE REASON WHY PEOPLE THANK YOU?**  
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- 11. IF YOU WERE GIVEN THE CHANCE TO DO SOMETHING THAT YOU LOVE AND NOT WORRY ABOUT THE PAYCHECK, WHAT WOULD IT BE?**  
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- 12. WHAT WAS YOUR HAPPIEST MEMORY OF YOUR CHILDHOOD?**  
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