

SMART Goal Setting for KIDS



SPECIFIC

What is your goal? Give details



MEASURABLE

How will you keep track and measure your progress?



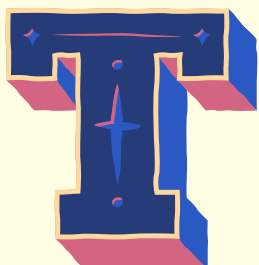
ATTAINABLE

What do you need to achieve your goal?



RELEVANT

How will this goal help you?



TIMELY

Does the goal state a clear and specific date?

